

RUN OUTSIDE THE BOX - Nachtlloop 12/9/14

Afstand: 5.200m



| Pos | Voornaam, Naam | Tijd | Km/u |
|-----|---------------------------|-------|-------|
| 1 | Eric Bartholomeeusen | 20:44 | 15,05 |
| 2 | Kris Laurysen | 22:08 | 14,10 |
| 3 | Jonas van den Heydning | 26:19 | 11,86 |
| 4 | Sandra Cambré | 27:16 | 11,44 |
| 5 | Suzanne Geerts | 27:42 | 11,26 |
| 6 | Marc van Tendeloo | 27:47 | 11,23 |
| 7 | Nick Stevens | 28:10 | 11,08 |
| 8 | Kim Goris | 28:10 | 11,08 |
| 9 | Maarten Meuris | 28:14 | 11,05 |
| 10 | Jits Robben | 28:53 | 10,80 |
| 11 | Bart Robben | 28:54 | 10,80 |
| 12 | Petra Hellriegel | 29:44 | 10,49 |
| 13 | Rene Jacobs | 30:32 | 10,22 |
| 14 | Marcel De Boel | 31:32 | 9,89 |
| 15 | José Bertels | 31:33 | 9,89 |
| 16 | Frank De Locht | 32:09 | 9,70 |
| 17 | Bob Aerts | 32:09 | 9,70 |
| 18 | Piet Petersen | 33:49 | 9,23 |
| 19 | Ellen Gielis | 35:18 | 8,84 |
| 20 | Godelieve Hermans | 38:08 | 8,18 |
| 21 | Leen Franken | 40:32 | 7,70 |
| 22 | Ann Saelen | 40:32 | 7,70 |
| 23 | Nancy Jacobs | 42:08 | 7,41 |
| 24 | Gaby Mertens | 42:26 | 7,35 |
| 25 | Maike Geys | 42:26 | 7,35 |
| 26 | Annick Swaans | 43:57 | 7,10 |
| 27 | Tina Peeters | 43:57 | 7,10 |
| 28 | Mayke Geys | 44:25 | 7,02 |
| 29 | Christel Uydens | 44:25 | 7,02 |
| 30 | Stephanie van de Janckeyd | 45:58 | 6,79 |
| 31 | Ils van Eyck | 45:54 | 6,80 |

Outside The Box

Personal Training studio

Houtzijde 103, 2275 Lille (B)

www.outsidethebox.be

RUN OUTSIDE THE BOX - Nachtlloop 12/9/14

Afstand: 9.400m



| Pos. | Voornaam, Naam | Tijd | Km/u |
|------|------------------------|---------|-------|
| 1 | Thijs Ghekiere | 39:34 | 14,25 |
| 2 | Kenneth Masco | 41:21 | 13,64 |
| 3 | Erwin Coopmans | 41:33 | 13,57 |
| 4 | Stefan Verdyck | 43:36 | 12,94 |
| 5 | Tjerk Moraal | 44:04 | 12,80 |
| 6 | Sven Sneyders | 44:46 | 12,60 |
| 7 | Thomas Peeters | 45:40 | 12,35 |
| 8 | Luc Lauwers | 45:41 | 12,35 |
| 9 | Nick Steynen | 47:04 | 11,98 |
| 10 | Tom Schellekens | 49:01 | 11,51 |
| 11 | Bart Guns | 49:15 | 11,45 |
| 12 | Patrick van Alphen | 49:34 | 11,38 |
| 13 | Kristof Bombaerts | 49:40 | 11,36 |
| 14 | Benny Destombes | 49:46 | 11,33 |
| 15 | Henk van Genderen | 50:20 | 11,21 |
| 16 | Dirk Mertens | 51:12 | 11,02 |
| 17 | Patrick van Hoof | 52:15 | 10,79 |
| 18 | Dirk Loodts | 53:22 | 10,57 |
| 19 | Dirk Vleugels | 53:37 | 10,52 |
| 20 | Kurt Vervloet | 53:46 | 10,49 |
| 21 | Wesley de Paepe | 53:46 | 10,49 |
| 22 | Antje Beirnaert | 53:50 | 10,48 |
| 23 | Guy Vancampenhout | 53:54 | 10,46 |
| 24 | Inneke Beirnaert | 54:03 | 10,43 |
| 25 | Maarten Nuyts | 54:55 | 10,27 |
| 26 | Dieter Destombes | 54:59 | 10,26 |
| 27 | Isabelle Maes | 55:00 | 10,25 |
| 28 | Willy van Geel | 55:26 | 10,17 |
| 29 | Anneke Meuwes | 55:56 | 10,08 |
| 30 | Patrick van der Eycken | 55:56 | 10,08 |
| 31 | Karolien van Mierlo | 57:01 | 9,89 |
| 32 | Joris Minnen | 57:22 | 9,83 |
| 33 | Sonja Verhaegen | 57:22 | 9,83 |
| 34 | Katrien van den Veken | 57:22 | 9,83 |
| 35 | Natalie van Duppen | 57:36 | 9,79 |
| 36 | Fleur Houthof | 57:36 | 9,79 |
| 37 | Veerle Klaassen | 58:31 | 9,64 |
| 38 | Marc Willems | 58:31 | 9,64 |
| 39 | Kathleen Meesman | 58:31 | 9,64 |
| 40 | Marijke Verbruggen | 58:31 | 9,64 |
| 41 | Natasha Verheyde | 58:31 | 9,64 |
| 42 | Mieke Nijs | 1:00:30 | 9,32 |
| 43 | Jos de Groote | 1:03:44 | 8,85 |
| 44 | Greet Boekx | 1:03:44 | 8,85 |

DNF May de Vos

Outside The Box

Personal Training studio

Houtzijde 103, 2275 Lille (B)

www.outsidethebox.be